

BOX #1 (medium, green, marked with red cross)
FIRST-AID

First Aid book
notebook and pen

2 emergency blankets, light & heavy
flashlight & spare batteries
safety pins & sewing needles
tweezers
scissors
8 pair rubber gloves, surgical weight, small
8 pair rubber gloves, surgical weight, medium
8 pair rubber gloves, extra thick disposable, medium

3 triangular bandages, heavy
6 triangular bandages, light
2 tensor bandages
1 roller gauze, 3" x 10 yd.
1 roller gauze, 2" x 10 yd.
16 gauze pads, 4" x 4"
4 wound dressings, No. 14
adhesive tape
2 pkg. of 6 x Steri-strip skin closures, 1/2" x 4"
2 pkg. of 3 x Steri-strip skin closures, 1/4" x 3"
bandaids

5 cold packs
1 hot pack, small, reusable
3 hot packs, large, reusable

bleach in dropper bottle, & instructions for water purification (more in "BOX #4 KITCHEN")
Hibitane antibacterial cleanser
25 moist towelettes
heavy paper towel wipes
9 Dettol swabs

150 alcohol swabs
hydrogen peroxide
Polysporin ointment
insect repellants
Sting Stop swabs
calamine lotion
sunscreen

Aspirin, or equivalent
applicable prescription medications

BOXES #2 & #2A (small, green)
POWER & LIGHT

BOX #2

glo-sticks

- 6 red (30 minute)
- 6 green (12 hour)

4 dozen candles

heavy wooden matches

- 3 cardboard boxes (250 in each) inside zip-lock freezer bags
- film cannister (waterproof) with sandpaper disc in lid (more in "BOX #3

TOOLS" & "BOX #4 KITCHEN")

- misc. matches in tin

4 Bic lighters in zip-lock freezer bag

magnesium block with flint & knife, in zip-lock freezer bag

fine steel wool

waxed fibre fire starter

Box #2A

batteries

- D-cell, 4 doz.
- 9-volt
- AA

-AAA

flashlight bulbs

-D-cell, 2

-AA

-AAA

-“Stinger”

solar/battery powered flashlight

BOX #3A (blue metal with black handle)

TOOL KIT

claw hammer

ball peen hammer

hack saw with replacement blades

wallboard knife with replacement blades

multi-bit screwdriver

heavy pliers with wire cutter

vice grips

crescent wrench

2 open-end wrenches

hex wrenches

measuring tape, 16’

2 pencils

2 pair leather work gloves

2 dust masks

2 pair ear plugs

moist towelettes

(more of these items in “BOX #3 TOOLS”)

BOX #4 (large, green)

KITCHEN SUPPLIES & EQUIPMENT

50 large garbage bags

60 large zip-lock freezer bags

75 small zip-lock freezer bags

100 sandwich bags
2 rolls aluminum foil
3 rolls paper towel
1 box heavy wipes
2 boxes kleenex
25 moist towelettes

1 frying pan, non-stick
1 medium cooking pot, non-stick, with lid
1 small cooking pot, non-stick, with lid
2 plastic mugs
4 plastic cups
plastic glasses
8 empty yogurt containers with lids

(see also "BUCKET #1 KITCHEN" for other cooking & eating utensils)

matches in waterproof container (more in "BOX #2 POWER & LIGHT" & "BOX #3 TOOLS")

bleach in dropper bottle, and instructions for water purification (more in "BOX #1 FIRST AID")

1 Coleman stove instruction pamphlet
paper, pencils, pencil sharpener, eraser, games, reading materials, magnifying sheet, in zip-lock freezer bag

BOX #5 (large, blue)
HER CLOTHING

1 Goretex rain jacket
1 pair ski warm-ups
1 nylon rain shell
1 pair rain pants
2 garbage bags, orange or yellow

2 wool touques

3 pair mitts/gloves
1 scarf
2 sun hats
1 pair work gloves (more in "BOX #3 TOOLS")
1 mosquito net headgear

2 pair pants
1 pair shorts
2 heavy wool sweaters
2 cotton turtleneck shirts
2 cotton long-sleeved shirts
4 t-shirts

2 "long john" shirts
1 pair "long john" bottoms
3 pair underpants
1 bra
8 pair socks (light & heavy)

1 pair running shoes
1 pair rubber boots

1 towel

sanitary supplies

BOX #6 (large, blue)

HIS CLOTHING

1 rain jacket
1 winter jacket c/w padded hood
1 fleece or outdoor vest
1 pair snowpants
2 large garbage bags, orange or yellow

1 wool or fleece Balaclava or touque
2 scarves

1 pair insulated mitts
1 pair gloves
2 ball caps
1 mosquito net headgear

2 pair jeans
1 pair shorts
2 sweaters
2 woolen or fleece shirts
6 t-shirts

1 "long john" shirt
2 pair "long john" bottoms
4 pair underpants
4 pair light socks
2 pair heavy socks

1 pair running shoes

1 towel

BOX #7 (large, green)
BEDDING

2 winter sleeping bags
3 wool blankets

BOX #8 (large, green)
BEDDING

6 wool blankets

OTHER EQUIPMENT AVAILABLE:

camping gear

- tents

- tarps c/w with telescoping poles

- sleeping mattresses

- Coleman & Primus white gas stoves

- Coleman white gas lantern with spare mantles

- white gas fuel

- “grilla” grill

axe

household propane BBQ

BOX #3 (medium, green)

TOOLS

books

- First Aid

- Rescue Skills

- Scout Field Book

paper, pen and pencils (more pencils & sharpener in “BOX #4 KITCHEN”)

card with emergency contact numbers & emergency radio stations

(CFAX 1070 AM & CKDA 1200 AM)

car keys

cash, in quarters & \$5 bills

portable radio & spare batteries, labelled with emergency radio stations

(CFAX 1070 AM & CKDA 1200 AM)

pet leashes in fanny pack

flashlight & spare batteries (more batteries in “BOX #2A POWER & LIGHT”)

2 whistles on cords

flares & 2 fusees (20 min.)

matches in waterproof cannisters (more in "BOX #2 POWER & LIGHT" and BOX #4 KITCHEN")

magnifying glass

mirror

flagging tape, orange, pink & blue

claw hammer

screwdriver with assorted bits

assorted wrenches (eg. gas & water shut-off)

kitchen shears

sheath knife

large roll nylon pullstring

ropes, various (more in garage & vehicles)

2 rolls duct tape

1 roll packing tape

nails, small & large

sewing kit & safety pins

2 reflective vests

8 dust masks

4 pair ear plugs

4 pair work gloves

4 pair rubber gloves, light weight, medium (more in "BOX #1 FIRST AID")

(more tools in "BOX #3A" blue metal "TOOL KIT")

PLASTIC BUCKET #1

EATING & COOKING UTENSILS, DISHWASHING EQUIPMENT

Eating and cooking utensils:

2 plastic plates

2 plastic bowls

5 metal pie plates

3 plastic mugs

2 sets "camp cutlery"

misc. stainless cutlery

misc. plastic cutlery

1 spatula

1 stirring spoon

2 paring knives

Dishwashing equipment:

2 plastic pot scrubbers

1 bottle dish soap

2 tea towels

1 dishcloth

2 pair rubber gloves

Use plastic bucket as wash basin

PLASTIC BUCKET #2
TOILETRIES

4 bars of soap with holder

3 packets of shampoo

2 toothbrushes

2 tubes of toothpaste

1 dental floss

3 safety razors

1 hairbrush

safety pins (more in "BOX #3 TOOLS")

2 hair elastics

face lotion

sunscreen

lip balm

4 washcloths

2 towels

spare prescription glasses

lens cleaning cloth

sanitary supplies

Use plastic bucket as wash basin

PLASTIC BUCKET #3
SANITATION

8 rolls toilet paper in zip-lock freezer bags

4 dozen kitchen sani-bags

large garbage bags

twist ties

Use this sani-bag lined plastic bucket as toilet, and dispose of used sani-bags in large garbage bag